

Webinar on Eating Competency

Just in case you haven't heard! This is an exciting opportunity to learn more about this wonderful model that fits so well in our work with WIC participants.

The Satter Eating Competence Model: Practical Application in Your Life and Practice. For those interested in the trust model of feeding and eating, Ellyn Satter is doing a three-session Web cast course (three hours in all):

The (optional) course text is Satter's Secrets of Feeding a Healthy Family, Kelcy Press, 2008.

July 15, 2009 - Session 1: What is eating competence?

July 22, 2009 - Session 2: Helping low-income (and other) families develop the meal habit

July 29, 2009 - Session 3: Working with poor food acceptance and poor food regulation

The sessions are from 12:00 noon to 1:00 pm Mountain Time. There is a fee for the sessions (and an option for group discounts). Sorry for the short notice, but the announcement just came in over July 4th.

For more information about the Webinar and Web cast, go to
<https://ellynsatter.com/commerce/workshopView.jsp?prodId=28&catId=>